

莊子「變」的哲思探析

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摘 要

馮友蘭先生指出莊子學術是「變之哲學」，徐復觀先生則認為莊子「與變相冥合，以求得身心的大自由，大自在」，由二位學者之說，可知莊子哲理與「變」頗為相關。本文即嘗試由此出發，欲探討莊子哲理與「變」的相關性，究竟為何？首先藉由莊書闡釋「變」的記載，明瞭莊子面對變動的觀察與思考，進而了解他是否自「變」有所汲取？如若有所汲取，那麼汲取者為何？以此而對於莊子哲理與「變」的相關性，進行較為詳實的說明；此外，也一併討論「變」與莊子至為重視的精神自由的關聯。

關鍵詞：莊子、變、變之哲學、精神自由

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An Analysis of “Chang” in Zhuangzi’s Philosophy

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Abstract

Feng You-lan pointed out that the philosophy of Zhuangzi was the philosophy of change; Xu Fu-guan, on the other hand, believed that the philosophy itself was incorporated with changes in life in order to achieve true freedom of the mind and the body. Zhuangzi’s philosophy was thus clearly associated with “change”. On this basis, this article explored the relationship between Zhuangzi’s philosophy and the idea of change by examining changes that were mentioned in *Zhuangzi* (book). This allowed us to take a closer look at how Zhuangzi observed and reflected on changes in life and what he learnt and gained from them. In addition, spiritual freedom, which Zhuangzi considered highly important, was discussed in terms of its connection with change in this article.

Keywords: Zhuangzi, change, the philosophy of change, spiritual freedom

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